

## Junior Golf 2011 Level 3 - Learn to Play

## **Junior Eagles Level 3: Learn to Play**

**Ages 8-12** 

#### **Golf Skills and Performance**

- Putting
- Full Swing
- Chipping
- Greenside bunkers
- Pitching

### **Playing and Competition**

- Game management, forms of competition, concept of scoring, different shot types with different clubs.
- Continue to review topics and have children develop and increased knowledge related to etiquette & rules, golf courses, golf equipment, golf terms, and golf heroes.
- Introduce the concept of respect to children as it relates to golf.

#### **Fitness & Health**

- Continue to develop golf-specific movement skills and further develop general athletic abilities.

#### **Mind Matters**

- Review Relaxation, the performance process, imagery and performance cues as needed. Learn to control internal dialogue. Understand how on-course behaviour affects confidence. Participating in level 3 more than once may be recommended by the instructor.

#### 1:8 teacher/ student ratio

#### 6 week programs:

Mondays June 6 – July 11	6-7pm
Mondays July 18 – August 22	3-4pm
Mondays September 12 – October 17	4-5pm

# This level of junior golfer will also benefit from joining our Musqueam Junior Club.

Are the class times not good for you? No problem!

Create your own group of juniors and pick your own schedule. To register call the golf shop at (604) 266-2334.

Payment is due at time of registration. \$149

Musqueam Golf & Learning Academy – Making Learning FUN!